

Shower Cap

Easy peasy!

OK; old hat I know (joke!!). However, I found myself strangely attached to a hotel shower cap after several months' use. So much easier that searching for the elusive hair band!



Instructions

Shower Cap

REQUIRED:

Materials:

I used an old (recycled!) shower curtain.

Any soft handle waterproof fabric will do

Elastic

Decorative thread. I used Woolly Lock Extra

Equipment:

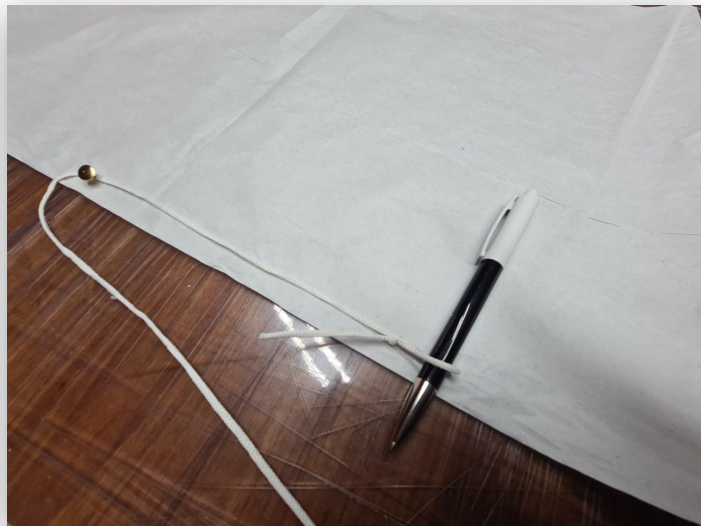
- Any baby lock overlocker
- Elastic foot

IMPORTANT NOTE: BEFORE YOU START, CHECK THAT YOUR SHOWER CURTAIN IS, INDEED, WATERPROOF!
(Thank heaven for hair dryers!!!)

The dead one! I brought it home from a hotel stay, then used it regularly for months, much to my surprise.

So, when the elastic broke, I decided to recycle the shower curtain that I had just replaced.

I folded the old shower cap in half, and measured the radius.



CREATE YOUR CIRCLE

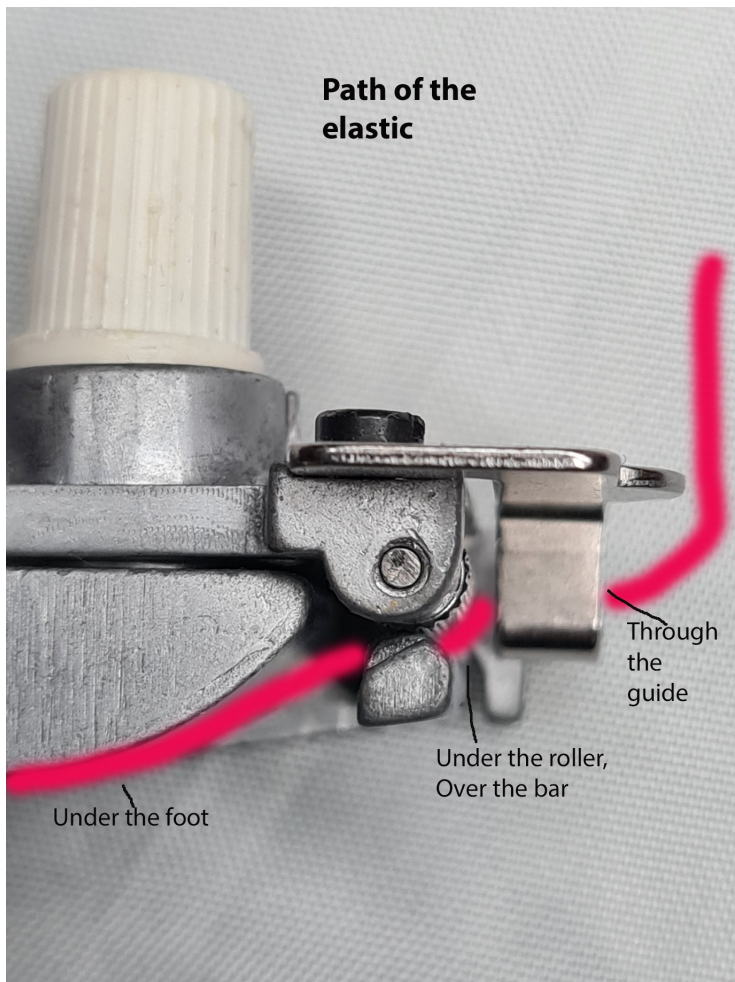
Make a loop in a piece of string for the pen, then mark 9" (23cms) from the end.

Place a drawing pin in the loop, at the edge of your paper, place the pen in the loop and draw a semi circle,

This is your pattern



Fold the fabric, and place the flat side of the pattern on the fold. Cut out the circle.



Elastic goes through your elastic foot as shown. Undo the screw on top of the guide, insert your elastic as shown, then slide the guide to the edge of the elastic and fasten. This will keep the elastic perfectly aligned whilst stitching.

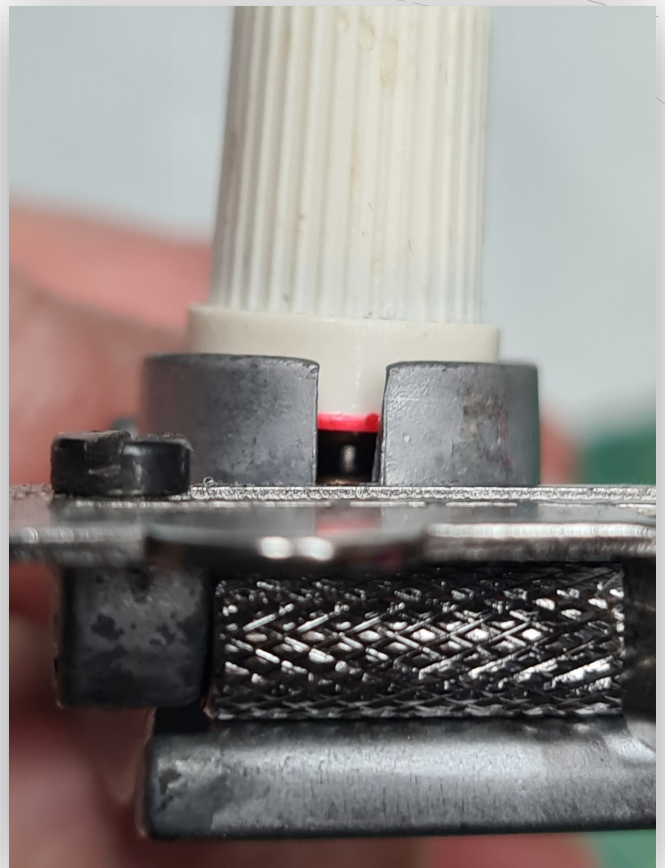
Place your decorative thread in the Lower Looter. I found that Woolly Lock Extra gave the best coverage, as the shower curtain fabric shredded badly on the edge. Thread your looper using a thread cradle. (Long length of normal thread doubled. Poke the cut ends in the threading tube, hold the looped end and whoosh it through. Place the Woolly Lock in the loop and pull through the tube.)



I found (using the Gloria) that Differential Feed at 1.3, Stitch Length at 4, Stitch Width at 7.5 and set for a 4 thread overlock gave the best finish.

HOWEVER, when we use the above settings, the elastic is inclined to pull the stitches together, hence making loops on the edge. So, I set the Stitch Selector at B instead of A to take up the slack.

The elastic tension on the foot was set as shown in the picture: red mark approximately half way down in the slot. If you're looking at that foot, and thinking it's a bit scruffy? It's approximately 20 years old!



Allow the blade to cut a little sliver off. This makes it easier for you to see what is going on, and not lose the fabric under the foot.

Try not to put any further tension on the elastic; guide it into the foot, but don't hang on to it.

When your stitching gets back to the beginning, lock down the blade and go over the starting stitches by a 1/2" or so. Then turn the work at 90 degrees to the foot and chain off. Cut the elastic close to the fabric.





No, this picture of me in a
shower cap DESERVES to hide
on the back page. You'll note I
was also FULLY CLOTHED at
the time!
Enjoy.



The first and still the best



Design by Jan Wright
on behalf of **baby lock uk**

